

FIRST AID KIT ITEMS

BASIC CARE

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|---|---|
| <input type="checkbox"/> SUNSCREEN | <input type="checkbox"/> SAFETY PINS |
| <input type="checkbox"/> BUG SPRAY | <input type="checkbox"/> SPARE CLEAT(S) |
| <input type="checkbox"/> ANTISEPTIC WIPES | <input type="checkbox"/> SPARE CLEAT BOLTS(S) |
| <input type="checkbox"/> ANTIBACTERIAL OINTMENT | <input type="checkbox"/> ZIP TIES |
| <input type="checkbox"/> ASSORTED ADHESIVE BANDAGES | <input type="checkbox"/> SAFETY PINS |
| <input type="checkbox"/> BUTTERFLY BANDAGES | <input type="checkbox"/> THREAD AND NEEDLE |
| <input type="checkbox"/> GAUZE PADS | <input type="checkbox"/> SPARE BRAKE PAD(S) |
| <input type="checkbox"/> NONSTICK STERILE PADS | <input type="checkbox"/> SPARE SPOKE(S)/NIBBLE(S) |
| <input type="checkbox"/> MEDICAL ADHESIVE TAPE | <input type="checkbox"/> SPARE SHIFTER/BRAKE CLABE(S) |
| <input type="checkbox"/> BLISTER TREATMENT | <input type="checkbox"/> HOUSING |
| <input type="checkbox"/> IBUPROFEN | <input type="checkbox"/> MULTI TOOL |
| <input type="checkbox"/> INSECT STING / ANTI-ITCH TREATMENT | <input type="checkbox"/> KNIFE |
| <input type="checkbox"/> ANTIHISTAMINE | <input type="checkbox"/> DUCK TAPE |
| <input type="checkbox"/> TWEEZERS | |

Wraps, Splints and Wound Coverings

- ELASTIC WRAP
- SPLINTS
- ROLLED GAUZE
- HEMOSTATIC GAUZE
(BLOOD-STOPPING)
- ROLLED, STRETCH BANDAGES
- HYDROGEL-BASED PADS
- CLEANSING PADS W/ ANESTHETIC
- LIQUID BANDAGE

Additional Medications/Treatments

- PRESCRIPTION MEDICATIONS
- THROAT LOZENGES
- LUBRICATING EYE DROPS
- DIARRHEA MEDICATION
- ANTACID TABLETS
- ORAL REHYDRATION SALTS
- GLUCOSE OR OTHER SUGAR
- INJECTABLE EPINEPHRINE
- ASPIRIN

Tools and Supplies

- KNIFE OR MULTI-TOOL W/ KNIFE
- PARAMEDIC SHEARS
- SAFETY RAZOR BLADE
- STANDARD ORAL THERMOMETER
- IRRIGATION SYRINGE
- MEDICAL / SURGICAL GLOVES
- CPR MASK
- SMALL NOTEPAD W/ WATERPROOF
PENCIL OR PEN
- MEDICAL WASTE BAG
- EMERGENCY BLANKET
- HAND SANITIZER
- BIODEGRADABLE SOAP

